

Level 1 course on Bach Flower Remedies

Everybody is familiar with Rescue Remedy. But it is only the beginning of the potential locked up in these amazing flower remedies



Learn to use Bach flower remedies and lead a happier, healthier life!

On level 1 you will explore

History and philosophy of Dr. Edward Bach, the 38 remedies and how they are prepared.
How and when to use the individual remedies in everyday life.
Indications for remedy use via case studies, examples and practical exercises.
The “crisis mix” or Rescue Remedy.
How to achieve emotional balance by reducing stress, alleviating worry, improving self-confidence and well-being.

R2500 Including all training materials, lunch and refreshments

Registrations

info@saniendebeer.co.za / cell 082 6158284

Final day to register and pay **8 September 2017**

Presenter

Dr Sanien de Beer is a Phytotherapy practitioner, registered with the AHPCSA and runs a busy Practice in Somerset West. She has a passion for Bach Flower Remedies and has used them both personally and professionally for more than ten years. Sanien is committed to supporting people with their health and wellbeing in a gentle, effective and empowering way and she is one of three Registered Bach Trainers in South-Africa.

Dates

15, 16 Sept 2017
8h30 - 16h00

Vredenhof Organic Estate

Bredell Rd, Somerset West

A limited number of participants can be accommodated to ensure personal attention



Help yourself and others to find balance in life